





The SUPER update June 2024

SUPER

Better digital tools for mental health care across Europe.



SUPER team visits Belgium and Denmark

On the 7th and 8th of March, the SUPER team came together in Antwerp at Thomas More University of Applied Sciences. It was not only fun to see each other again in real life, but also very productive. On the first day, we used our time together to evaluate the feedback from the expert pool on the first version of our guidelines. Afterwards we held an intensive design thinking workshop to design the tandem pilots. On the second day, we concluded our tandem pilot plan to involve end-users in the adaptation of the Danish SAFE app to the Dutch context and the Dutch SAM app the Danish context. In addition, we discussed the next steps within and beyond the current project.







On the 23rd and 24th of May, the project team met in Odense, Denmark, for an obligatory mid-term meeting with Interreg advisors Femke Boersma and Christoffer Stougaard Villsen to discuss the project's progress. We were delighted to get positive feedback and great tips for the remaining tasks. We can also share that, since then, we have started the tandem pilots! We are looking forward to sharing the results b the end of the project in March 2025.

Interview

When we were in Denmark we finally got to meet in person with <u>Lene Berring</u>, professor at the University of Southern Denmark and developer of the SAFE app. Watch the interview to meet Lene!



Click on the photo to watch the video

The SUPER update

How about the apps?

What is the status of the launch of the SAM app in Denmark and the SAFE app in the Netherlands? Both have now been translated. In the coming weeks, some potential end-users will test the apps and give us their feedback. Depending on this, we will decide whether to further introduce and implement both apps in the Netherlands and Denmark.



Simon de Vries Research Assistant at GGz Centraal

Click on the photo to watch the video

New testimonial

During the Kick-off in September 2023, a number of questions were answered by various attendees. In this one, we asked <u>Simon de Vries</u>, how he would handle different expectations and goals in co-creation. Start the testimonial if you want to hear what Simon answered.

Projectplanning

Our project officially ends in February 2025, so time is running out. Therefore we agreed to meet again in Utrecht at the end of November 2024. And hopefully we will all see each other for a final wrap-up meeting in Copenhagen at the end of May 2025 to share the final guidelines for transnational upscaling of digital mental health innovations, including the logbook on how to involve endusers in every step and many more learnings along the way.





Contact us



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