

SUPER

Better digital tools for mental health care across Europe.

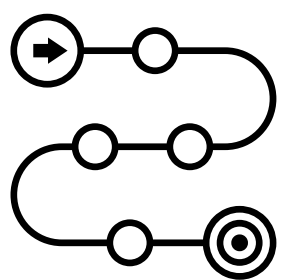
The SUPER update January 2024



Journey to the SUPER guideline

As we stand at the beginning of 2024, it is with great excitement that we present the second edition of our SUPER update. The heartbeat of innovation continues to develop within our team, and we are thrilled to share the strides we have made so far.

We are busy working on the guideline and currently have a first draft version ready which we will share during a Workshop with the expertpool. Our goal is to work from this concept version to a complete and user-friendly guideline, that gives you a complete explanation with steps you can take for better user participation.



Our next steps

The upcoming months, we will work on a new version of the guidelines by incorporating feedback from the expert pool webinar and on a scientific publication highlighting the importance of user participation. In addition, we are also making the necessary preparations to set up our tandem pilot studies with the SAFE app in the Netherlands and the SAM app in Denmark.

New testimonials

[Sharon Mullen](#), why co-creation creates better outcomes in digital metal health.



Sharon Mullen
Senior Accountmanager at Rotterdam Square Care

[Matthijs Jantzen](#), why co-creation creates better outcomes in digital metal health.



Matthijs Jantzen
Advisor/facilitator Innovation & Digital Care at GGz Centraal

Click on the photo to watch the video

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The SUPER update



Experts wanted!

At the moment already more than 60 experts are taking part of our SUPER expertpool. They are willing to invest a max of 3 hours over the course of 18 months.

➔ Interest to join as an expert?
Send an e-mail to sam-stapp@ggzcentraal.nl



The **SAFE app** has been developed in the Region of Zealand, Denmark and provides information about self-harm and guidance on how to prevent or divert self-harm. The app has been co-created with the involvement of patients, relatives, healthcare providers and software engineers to meet users' needs. The app is currently being implemented nationally across Danish psychiatric hospitals. During the SUPER project, the app will be translated, adapted and tested to accommodate the needs of Dutch users.

Get a first impression of the SAFE app, which will be adapted and tested in the Netherlands. [Click here](#) for more information about the SAFE app.

Contact us



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